

XTEERRA

EUROPEAN TRAIL RUN
CHAMPIONSHIP



7^a CURSA DE L'ALBA

8.11.2025

COLLBATÓ

42K | 2.404M+ | TECHNICAL GUIDE

INSTITUTIONAL SPONSOR



AFFILIATE SPONSOR



OFFICIAL SPONSOR



OFFICIAL NUTRITION



SUPPORTED BY



OFFICIAL MAPPING



ORGANIZING



CURSA DE L'ALBA - COLLBATÓ



“La Cursa de l’Alba” is a benchmark for mountain running in Catalonia and one of the oldest in our country, and will be held on November 7 and 8 in Montserrat, specifically in Collbató, Esparreguera, and El Bruc. Elite and recreational runners will gather in the Montserrat massif to take on an iconic race that will reach its 37th edition with three distances: **Marathon (42km)**, **Cursa de l’Alba (22km)** and the **Mitjalba (12km)**, with the 42 and 22-kilometer distances crowning the mountain's highest peak.

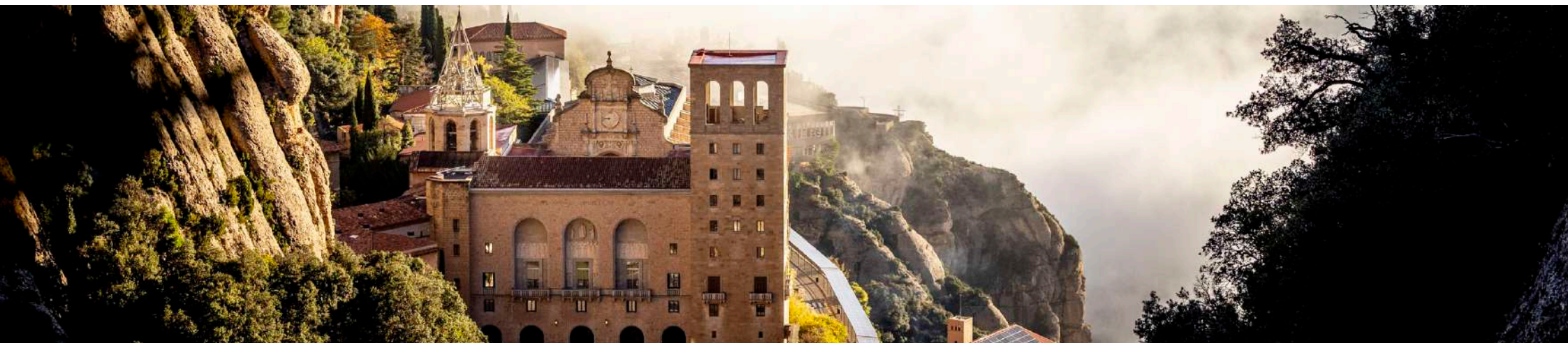
The Cursa de l’Alba – XTERRA European Trail Run Championship is a special event. A fixture on the Catalan calendar and one of the premier races for trail running enthusiasts. It has always attracted a high-caliber field of participants; the Dawn Run has been won by trail running icons such as Kiko Soler, Nuria Picas, Andreu Simon, Sheila Avilés, José Manuel Granadero, etc.

The Montserrat Marathon - XTERRA European Trail Run Championship.

The XTERRA European Trail Run Championship. invites runners of all levels—from amateurs to elites—to come together and discover the most picturesque and challenging trails in a unique setting within Montserrat, considered the largest rock in the world. The Montserrat Marathon will only be possible this year, 2025, because it is part of the Montserrat Millennial celebrations, and for this reason, it will be the only year this distance can be run in the massif. The Montserrat Marathon has a distance of 42 km and an elevation gain of 2,404 meters.

La Mitjalba.

A 12 km race with 692 meters of elevation gain, ideal for testing the Montserrat massif. It's a fast race that will have us sharing the course with the Cursa de l’Alba up to km 6 and will descend via the so-called Bateria path back to Collbató. A very fast race due to its topography.



HOW TO GET

COLLBATÓ



XTERRA TRAIL MARATHON - 42KM

42KM
2.404M+

BIB PICK-UP

El Cassinet, carrer Colon, 3

Friday 7 - 10:00h a 20:00h

Saturday 8 - 7:00h a 7:45h



START

Passeig Mansuet, s/n

Saturday 8 - 8:00h



FINISH

Passeig Mansuet, s/n



PRIZE CEREMONY

13:00h



What's included?

- RACE BIB AND ONE-USE CHIP
- COMMEMORATIVE T-SHIRT
- MEDICAL SERVICE
- CLOAKROOM SERVICE
- SHOWER SERVICE
- FINISHER MEDAL
- TROPHY FOR THE TOP THREE (M/F) OF EACH CATEGORY
- SAUSAGE FEAST (BOTIFARRADA)
- NECK TUBE (TUBULAR)
- 8 AID STATIONS
- WELCOME PACK BAG

Time cut-offs

CAMÍ DE CAN ROCA: 8:30H (KM 3,5 - 0:30H)

PLA DE SANT MIQUEL: 10:30H (KM 12 - 2:30H)

AV. CAMÍ DE L'ARREL: 11:45H (KM 18,5 - 3:45H)

COLL DE GUIRLÓ: 12:45H (KM 23 - 4:45H)

CAMÍ DELS Francescos: 13:45H (KM 29 - 5:45H)

PLA DE LES TARÀNTULES: 15:45H (KM 37 - 7:45H)

Mandatory equipment

CHARGED MOBILE PHONE, THERMAL BLANKET AND WINDBREAKER.

HYDRATION SYSTEM IS RECOMMENDED (MINIMUM 500ML) SINCE AID STATIONS WILL NOT PROVIDE CUPS OR BOTTLES; PARTICIPANTS CAN REFILL THEIR OWN HYDRATION BOTTLES.

IN CASE OF ADVERSE WEATHER, A RAINJACKET WILL BE MANDATORY.

Rice Bib

7 MARATÓ DE
MONTSERRAT



COLLBATÓ
2025

3456

ANNA

XTERRA
TRAIL RUN WORLD SERIES



XTERRA TRAIL MARATHON - 42KM



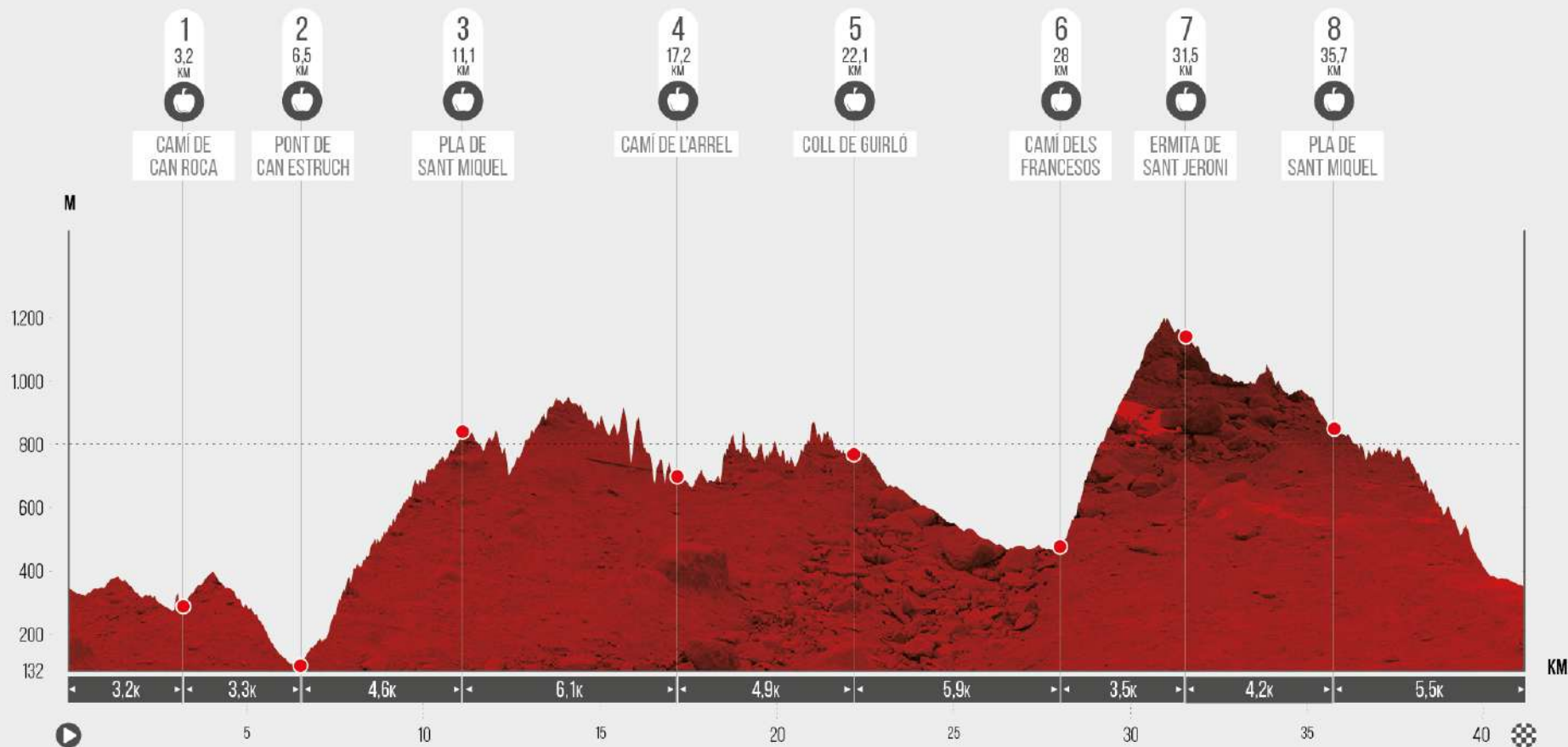
COLLBATÓ

TRAIL RUN

41,19KM

2.404M+

1.200M



WHAT IS INCLUDED IN THE SUPPLIES:

FZ 1:

- WATER
- ISOTONIC
- BANANA
- JELLY CANDY

FZ 2:

- WATER
- ISOTONIC
- BANANA
- JELLY CANDY
- DRIED FRUITS (ALMONDS, HAZELNUTS, WALNUTS)

FZ 3:

- WATER
- ISOTONIC
- BANANA
- JELLY CANDY
- DRIED FRUITS (ALMONDS, HAZELNUTS, WALNUTS)
- ENERGY BARS

FZ 4, 5, 6, 7 i 8

- WATER
- ISOTONIC
- BANANA
- JELLY CANDY
- DRIED FRUITS (ALMONDS, HAZELNUTS, WALNUTS)
- ENERGY BARS
- COCA COLA
- ORANGES



COLLBATÓ

TRAIL RUN

41,19KM

2.404M+

1.200M

OFFICIAL MAPPING
wikiloc



TOGETHER, WE EXPLORE

The XTERRA Trail Run World Series is a global trail run series connecting runners to nature across some of the world's most iconic, untamed terrain.

From Asia-Pacific's tropical paths to Europe's soaring ridgelines and the sweeping deserts of the USA, runners of all backgrounds and abilities are invited to explore the unknown, earn a place on the World Championship starting line—or simply be part of something bigger.

One global journey. One full or half marathon at a time.



XTERRA
TRAIL RUN WORLD SERIES