

XTEERRA

EUROPEAN TRAIL RUN
CHAMPIONSHIP



**37^a CURSA
DE L'ALBA**

**8.11.2025
COLLBATÓ**

22K | 1205M+ | TECHNICAL GUIDE

INSTITUTIONAL SPONSOR



Ajuntament
de Collbató



AJUNTAMENT
D'ESPARREGUERA



Ajuntament del
Bruc

esportcat

Generalitat
de Catalunya



BAIX
LLOBREGAT
CONSORCI DE TURISME



Consell Comarcal
del Baix Llobregat

AFFILIATE SPONSOR

XTEERRA
TRAIL RUN WORLD SERIES

OFFICIAL SPONSOR

Talkom
telecomunicacions

OFFICIAL NUTRITION

HSN[®]

SUPPORTED BY



Federació d'Entitats
Excursionistes de Catalunya
Federació Catalana d'Alpinisme i Escalada



Generalitat de Catalunya
Patronat de la Muntanya
de Montserrat



FGC
Ferrocarrils
de la Generalitat
de Catalunya



Cremallera
i funiculars
de Montserrat



OCISPORT
OUTDOOR EXPERIENCES

OFFICIAL MAPPING

wikiloc

ORGANIZING



CURSA DE L'ALBA - MEMORIAL MARTÍ GIL



“La Cursa de l’Alba” is a benchmark for mountain running in Catalonia and one of the oldest in our country, and will be held on November 7 and 8 in Montserrat, specifically in Collbató, Esparreguera, and El Bruc. Elite and recreational runners will gather in the Montserrat massif to take on an iconic race that will reach its 37th edition with three distances: **Marathon (42km)**, **Cursa de l’Alba (22km)** and the **Mitjalba (12km)**, with the 42 and 22-kilometer distances crowning the mountain's highest peak.

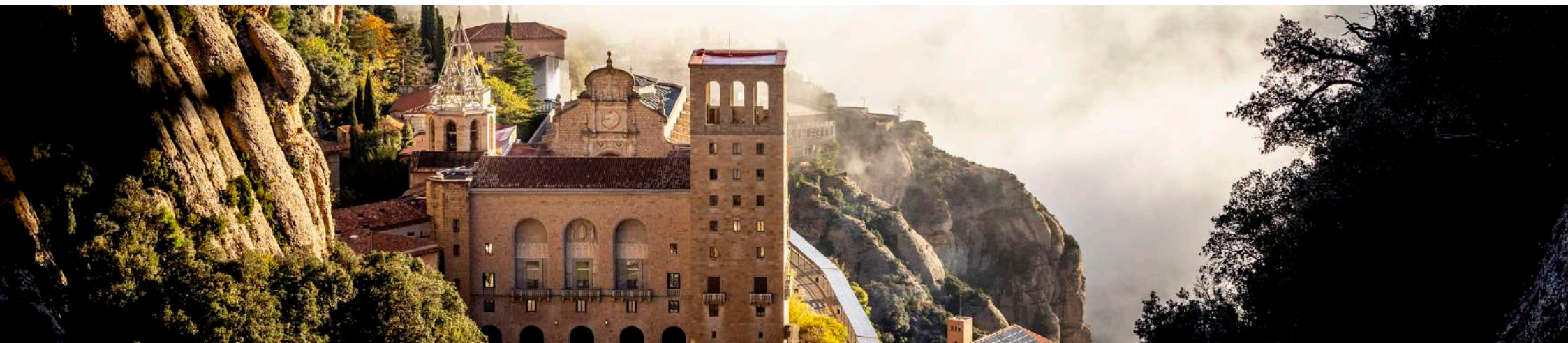
The Cursa de l’Alba – XTERRA European Trail Run Championship is a special event. A fixture on the Catalan calendar and one of the premier races for trail running enthusiasts. It has always attracted a high-caliber field of participants; the Dawn Run has been won by trail running icons such as Kiko Soler, Nuria Picas, Andreu Simon, Sheila Avilés, José Manuel Granadero, etc.

The Montserrat Marathon - XTERRA European Trail Run Championship.

The XTERRA European Trail Run Championship. invites runners of all levels—from amateurs to elites—to come together and discover the most picturesque and challenging trails in a unique setting within Montserrat, considered the largest rock in the world. The Montserrat Marathon will only be possible this year, 2025, because it is part of the Montserrat Millennial celebrations, and for this reason, it will be the only year this distance can be run in the massif. The Montserrat Marathon has a distance of 42 km and an elevation gain of 2,404 meters.

La Mitjalba.

A 12 km race with 692 meters of elevation gain, ideal for testing the Montserrat massif. It's a fast race that will have us sharing the course with the Cursa de l’Alba up to km 6 and will descend via the so-called Bateria path back to Collbató. A very fast race due to its topography.



HOW TO GET

COLLBATÓ



XTERRA HALF MARATHON - 22KM

22KM
1.205M+

BIB PICK-UP

El Cassinet, carrer Colon, 3
Friday 7 - 10:00h a 20:00h
Saturday 8 - 7:00h a 8:00h



START

Passeig Mansuet, s/n
Saturday 8 - 08:15h



FINISH

Passeig Mansuet, s/n



PRIZE CEREMONY

11:00h



What's included?

- RACE BIB AND ONE-USE CHIP
- COMMEMORATIVE T-SHIRT
- MEDICAL SERVICE
- CLOAKROOM SERVICE
- SHOWER SERVICE
- FINISHER MEDAL
- TROPHY FOR THE TOP THREE (M/F) OF EACH CATEGORY
- SAUSAGE FEAST (BOTIFARRADA)
- NECK TUBE (TUBULAR)
- 3 AID STATIONS
- WELCOME PACK BAG

Time cut-offs

APARCAMENT DE LES COVES:
9:35H. (KM 2,5)

Mandatory equipment

CHARGED MOBILE PHONE, THERMAL BLANKET AND WINDBREAKER.

HYDRATION SYSTEM IS RECOMMENDED (MINIMUM 500ML) SINCE AID STATIONS WILL NOT PROVIDE CUPS OR BOTTLES; PARTICIPANTS CAN REFILL THEIR OWN HYDRATION BOTTLES.

IN CASE OF ADVERSE WEATHER, A RAINJACKET WILL BE MANDATORY.

Race bib

37 CURSA
DE L'ALBA



COLLBATÓ
2025

3456

ANNA

XTERRA

TRAIL RUN WORLD SERIES

CEP

MAP

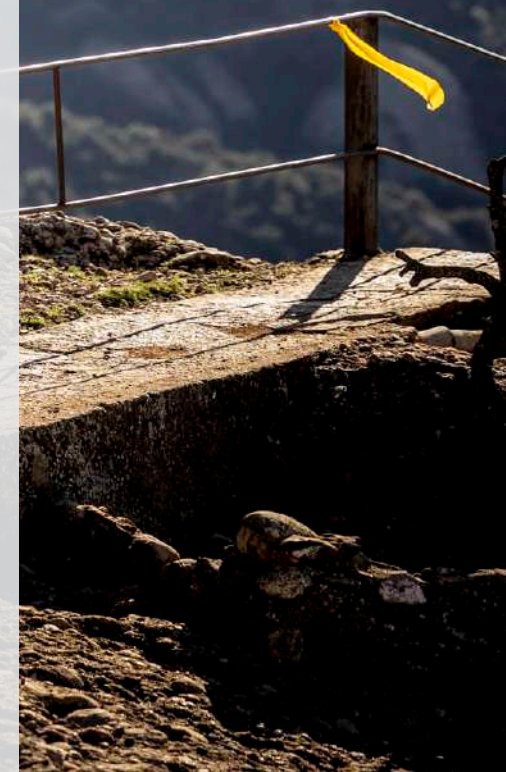


MO





DISPORT



XTERRA HALF MARATHON - 22KM



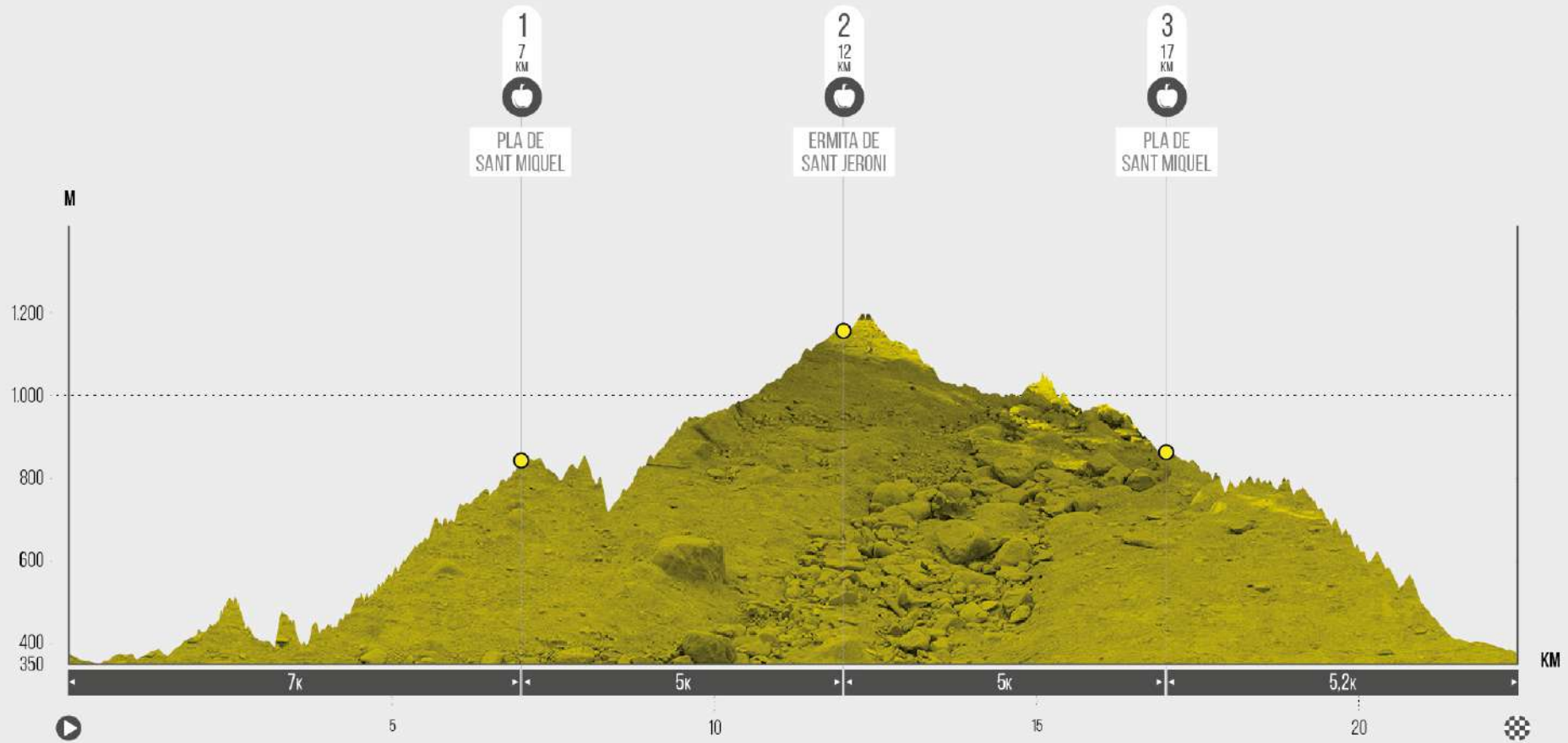
COLLBATÓ

TRAIL RUN

22,22KM

1.205M+

1.200M



WHAT IS INCLUDED IN THE SUPPLIES:

- WATER
- ISOTONIC
- COCA COLA
- BANANA
- ORANGES
- DRIED FRUITS (ALMONDS, HAZELNUTS, WALNUTS)
- JELLY CANDY
- ENERGY BARS



ERMITA DE
SANT JERONI

2 | 12
KM



PLA DE
SANT MIQUEL

3 | 17
KM



1 | 7
KM



PLA DE
SANT MIQUEL

START | FINISH



COLLBATÓ

TRAIL RUN

22,22KM

1.205M+

1.200M



TOGETHER, WE EXPLORE

The XTERRA Trail Run World Series is a global trail run series connecting runners to nature across some of the world's most iconic, untamed terrain.

From Asia-Pacific's tropical paths to Europe's soaring ridgelines and the sweeping deserts of the USA, runners of all backgrounds and abilities are invited to explore the unknown, earn a place on the World Championship starting line—or simply be part of something bigger.

One global journey. One full or half marathon at a time.



XTERRA
TRAIL RUN WORLD SERIES